

# M M W R

## MORBIDITY AND MORTALITY WEEKLY REPORT

- 341 Arboviral Infections of the Central Nervous System — United States, 1985  
350 Chronic Fatigue Possibly Related to Epstein-Barr Virus — Nevada

### Arboviral Infections of the Central Nervous System — United States, 1985

In 1985, arboviral infections of the central nervous system (CNS) were reported among 90 persons in the United States (Table 1, Figures 1 and 2). A St. Louis encephalitis (SLE) outbreak occurred in Mesa County, Colorado, leading to 17 cases, including one fatality. Four sporadic SLE cases were reported from Texas (one) and California (three). One of the California cases occurred in a Los Angeles resident, where an SLE outbreak occurred in 1984. One case of western equine encephalitis was reported from Texas. Endemic LaCrosse virus transmission in the midwest led to 68 cases of CNS infection.

#### ST. LOUIS ENCEPHALITIS

The SLE outbreak that occurred in Mesa County in western Colorado (Figure 3) included principally residents of Grand Junction, the county's largest town. The age-adjusted attack rate for Grand Junction was 33.5/100,000, compared with 12.2/100,000 for the remainder of the county. Active surveillance failed to disclose cases in neighboring counties. Attack rates were highest among the elderly, but there was no clear increase in risk with advancing age. The age-adjusted attack rate for females was nearly double that for males (26.5/100,000 and 13.7/100,000, respectively; the standard error for the adjusted attack rate for females was 7.7/100,000). One patient, a 73-year-old woman, died. In an ecologic investigation undertaken in late September, fewer than 0.1 *Culex tarsalis* mosquitoes were caught per trap night. However, cool weather and declining daylight hours mitigated against successful collections. No virus was isolated from 646 pooled arthropods. A serosurvey of Grand Junction residents disclosed inapparent infections among 4% of the city residents, i.e., the outbreak may have led to approximately 1,100 infections. Infection rates for males and females were similar; therefore, increased risk for clinical disease among females could not be attributed to greater exposure.

Elsewhere in the west, sporadic SLE cases were reported from Dawson County, Texas, and from California (three cases). California cases occurred in 17- and 31-year-old males from Riverside County (the latter may have been infected in the Mohave Valley, Arizona) and a 61-year-old Los Angeles woman. Evidence of enzootic SLE transmission was found near the residence of the Los Angeles patient; an SLE virus isolate was recovered from *Cx. peus* collected in Encino, and a sentinel chicken located near the Sepulveda Reservoir seroconverted to SLE virus.

No human cases were reported in the eastern and central United States for the second consecutive year, and avian surveillance disclosed negligible enzootic transmission except in Florida.

#### OTHER ARBOVIRAL INFECTIONS OF THE CNS

No human eastern equine encephalitis cases were reported. Equine cases occurred principally in coastal southeastern states (Figure 2). Seroconversions in sentinel chickens were observed as far west as Houston, Texas.

*Arboviral Infections — Continued*

Western equine encephalitis was reported in a 27-year-old man from Ellis County, Texas. Equine cases were reported from scattered western states and from Illinois and Indiana, at the eastern-most range of the virus.

LaCrosse virus infections were reported principally from the upper midwest where the disease is endemic. Counties in an endemic focus in southwestern West Virginia reported cases for the third consecutive year.

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**TABLE 1. Reported arboviral infections of the CNS — United States, 1955-1985**

Year	Cases by etiology*					Total
	SLE	WEE	EEE	California serogroup viruses†	Other	
1955	107	37	15		0	159
1956	563	47	15		0	625
1957	147	35	5		0	187
1958	94	141	2		0	237
1959	118	14	36		0	168
1960	21	21	3		0	45
1961	42	27	1		0	70
1962	253	17	0		0	270
1963	19	56	0		0	76
1964	470	64	5	42	0	581
1965	58	172	8	59	0	297
1966	323	47	4	64	0	438
1967	11	18	1	53	0	83
1968	35	17	12	66	1 VEE	131
1969	16	21	3	67	1 VEE	108
1970	15	4	2	89	1 POW	111
1971	57	11	4	58	20§	150
1972	13	8	0	46	5¶	72
1973	5	4	7	75	0	91
1974	74	2	4	30	1 POW	111
1975	1,815	133	3	160	3 POW	2,114
1976	379	1	0	47	0	427
1977	132	41	1	65	1 POW	240
1978	26	3	5	109	1 POW	144
1979	32	3	3	139	0	177
1980	125	0	8	49	0	182
1981	15	19	0	91	0	125
1982	34	9	12	130	0	185
1983	20	7	14	64	0	105
1984	33	2	5	89	0	129
1985	21	1	0	68	0	90
<b>Total</b>	<b>5,073</b>	<b>982</b>	<b>178</b>	<b>1,661</b>	<b>34</b>	<b>7,928</b>

\*SLE = St. Louis encephalitis; WEE = western equine encephalitis; EEE = eastern equine encephalitis; POW = Powassan encephalitis; VEE = Venezuelan equine encephalitis. Source: Division of Vector-Borne Viral Diseases, Center for Infectious Diseases, CDC.

†No data available before 1963.

§VEE, 19 cases; POW, one case.

¶VEE, two imported cases; POW, three cases.

Arboviral Infections – Continued

FIGURE 1. Arboviral infections of the central nervous system, by state of residence, week of onset, and etiology – United States, 1985

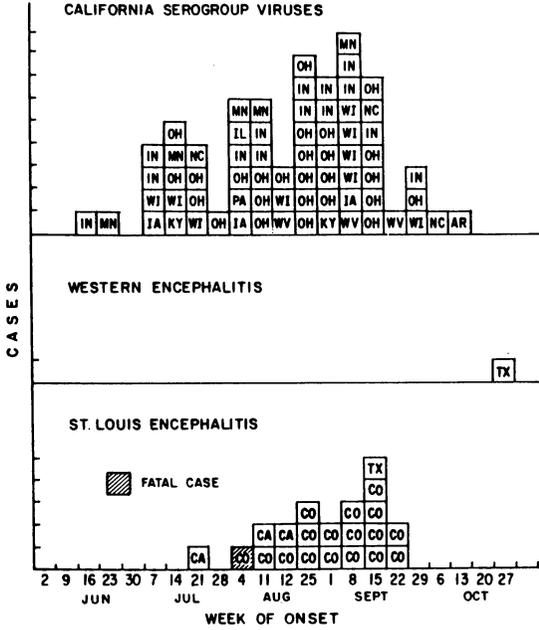
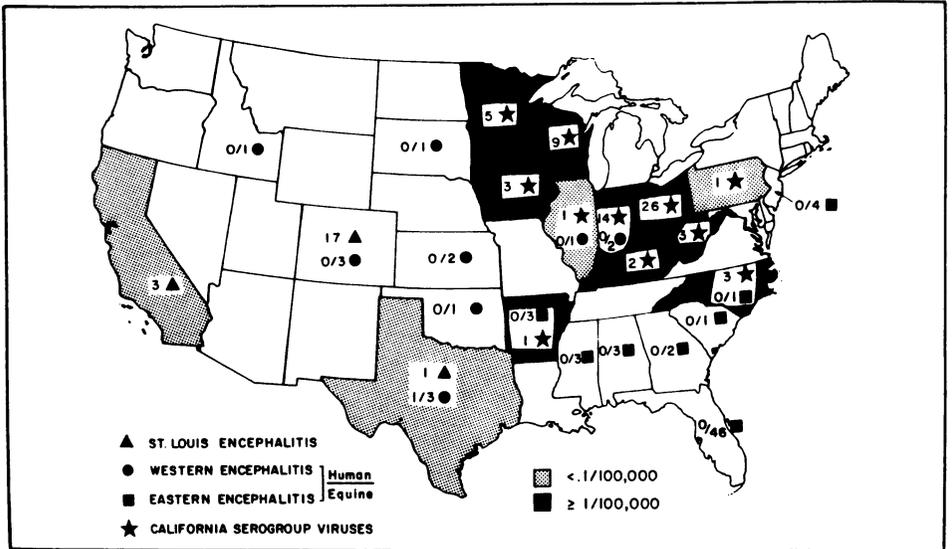


FIGURE 2. Arboviral infections of the central nervous system, by state of residence and etiology – United States, 1985



## Arboviral Infections — Continued

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TABLE I. Summary—cases specified notifiable diseases, United States

Disease	21st Week Ending			Cumulative, 21st Week Ending		
	May 24, 1986	May 25, 1985	Median 1981-1985	May 24, 1986	May 25, 1985	Median 1981-1985
Acquired Immunodeficiency Syndrome (AIDS)	292	152	N	5,053	2,807	N
Aseptic meningitis	60	98	89	1,707	1,493	1,588
Encephalitis: Primary (arthropod-borne & unspc)	8	13	16	297	360	360
Post-infectious	3	1	4	37	54	41
Gonorrhea: Civilian	11,154	15,146	16,081	323,287	317,556	357,318
Military	309	384	384	6,307	7,828	9,812
Hepatitis: Type A	261	456	439	8,634	8,587	9,030
Type B	363	412	420	9,985	9,938	9,276
Non A, Non B	45	83	N	1,346	1,676	N
Unspecified	60	121	121	1,963	2,189	2,933
Legionellosis	8	19	N	210	248	N
Leprosy	4	6	6	109	156	91
Malaria	7	18	18	284	296	298
Measles: Total*	169	74	82	2,733	1,262	1,262
Indigenous	164	68	N	2,617	1,019	N
Imported	5	6	N	116	243	N
Meningococcal infections: Total	33	40	54	1,262	1,225	1,424
Civilian	33	39	54	1,260	1,220	1,421
Military	-	1	1	2	5	6
Mumps	186	68	68	1,563	1,642	1,774
Pertussis	76	21	23	998	605	605
Rubella (German measles)	18	13	30	220	202	489
Syphilis (Primary & Secondary): Civilian	275	479	578	10,065	10,002	12,133
Military	1	6	9	78	76	150
Toxic Shock syndrome	4	7	N	142	158	N
Tuberculosis	364	449	477	8,060	8,045	8,904
Tularemia	1	8	7	24	45	49
Typhoid fever	4	1	3	98	109	137
Typhus fever, tick-borne (RMSF)	23	8	13	89	89	100
Rabies, animal	70	111	129	2,169	2,019	2,444

TABLE II. Notifiable diseases of low frequency, United States

	Cum 1986		Cum 1986
Anthrax	-	Leptospirosis	17
Botulism: Foodborne	4	Plague	-
Infant	21	Poliomyelitis, Paralytic	-
Other	-	Psittacosis (Mass. 1, Wash. 2)	26
Brucellosis (Ala. 1)	23	Rabies, human	-
Cholera	-	Tetanus	17
Congenital rubella syndrome	2	Trichinosis (Fla. 1)	9
Congenital syphilis, ages < 1 year	11	Typhus fever, flea-borne (endemic, murine)	10
Diphtheria	-		

\*Three of the 169 reported cases for this week were imported from a foreign country or can be directly traceable to a known internationally imported case within two generations.

TABLE III. Cases of specified notifiable diseases, United States, weeks ending  
May 24, 1986 and May 25, 1985 (21st Week)

Reporting Area	AIDS Cum. 1986	Aseptic Mening- itis 1986	Encephalitis		Gonorrhea (Civilian)		Hepatitis (Viral), by type				Legionel- losis 1986	Leprosy Cum 1986
			Primary Cum. 1986	Post-in- fectious Cum. 1986	Cum.		A 1986	B 1986	NA,NB 1986	Unspeci- fied 1986		
					1986	1985						
UNITED STATES	5,053	60	297	37	323,287	317,556	261	363	45	60	8	109
NEW ENGLAND	215	1	9	2	7,451	9,608	14	36	1	3	1	3
Maine	11	-	-	-	383	368	-	4	-	-	-	-
NH	6	-	2	-	196	202	-	-	-	-	-	-
Vt	2	-	2	1	106	104	-	-	-	-	-	-
Mass	112	-	2	-	3,246	3,583	9	17	-	3	1	3
RI	13	-	-	-	734	716	1	3	-	-	-	-
Conn	71	1	3	1	2,786	4,635	4	12	1	-	-	-
MID ATLANTIC	1,954	12	47	1	55,442	45,432	17	21	7	2	-	9
Upstate N.Y.	170	1	18	-	6,412	6,485	9	12	4	1	-	1
N.Y. City	1,339	2	11	-	31,876	21,062	-	1	2	-	-	7
NJ	304	9	5	-	7,314	8,225	8	8	1	1	-	-
Pa	141	-	13	1	9,840	9,660	-	-	-	-	-	1
E N CENTRAL	301	4	64	5	41,659	45,077	12	54	-	2	3	4
Ohio	65	-	18	2	10,378	11,544	8	22	-	-	3	-
Ind	28	3	7	2	4,911	4,122	-	10	-	-	-	-
Ill	138	1	16	1	11,472	12,676	4	22	-	2	-	3
Mich	56	U	22	-	12,816	12,879	U	U	U	U	U	1
Wis	14	-	1	-	2,082	3,856	-	-	-	-	-	-
W N CENTRAL	86	1	9	6	14,558	15,846	30	22	3	-	1	2
Minn	41	-	5	-	2,104	2,341	5	4	-	-	-	1
Iowa	7	1	4	-	1,488	1,667	7	4	3	-	-	-
Mo	19	-	-	-	7,464	7,459	6	11	-	-	1	-
N Dak	2	-	-	-	120	110	-	-	-	-	-	-
S Dak	1	-	-	-	301	293	12	1	-	-	-	-
Nebr	4	-	-	-	936	1,438	-	-	-	-	-	-
Kans	12	-	-	6	2,145	2,538	-	2	-	-	-	1
S ATLANTIC	703	13	45	14	80,336	68,747	52	87	10	5	1	1
Del	12	-	3	-	1,354	1,517	1	-	-	-	-	-
Md	78	1	11	-	9,722	11,122	1	19	2	-	-	-
D.C.	95	-	-	-	6,645	5,652	1	2	-	-	-	-
Va	71	2	16	1	6,955	7,131	3	6	1	-	-	1
W Va	2	-	-	-	952	973	1	1	-	-	-	-
NC	29	-	8	1	13,875	13,006	2	6	1	1	-	-
SC	17	2	-	-	7,475	8,450	-	22	-	-	-	-
Ga	87	-	-	-	9,359	-	2	6	2	1	-	-
Fla	312	8	1	12	23,999	20,896	41	25	4	3	1	-
E S CENTRAL	48	3	20	2	27,722	27,463	4	41	2	1	1	1
Ky	13	1	8	1	3,204	3,040	-	7	-	-	1	-
Tenn	20	1	2	1	10,903	10,924	2	13	2	-	-	-
Ala	10	-	9	-	7,839	8,862	1	17	-	-	-	1
Miss	5	1	1	-	5,776	4,637	1	4	-	1	-	-
W S CENTRAL	358	19	31	2	39,650	44,278	54	42	4	36	-	7
Ark	14	-	-	-	3,792	4,261	5	1	1	-	-	-
La	58	-	2	-	7,242	8,934	1	5	-	-	-	-
Okla	17	2	7	-	4,873	4,563	10	6	-	-	-	-
Tex	269	17	22	2	23,743	26,520	38	30	3	36	-	7
MOUNTAIN	147	5	12	1	10,299	10,202	40	23	5	9	-	7
Mont	3	-	-	1	261	297	-	-	-	-	-	-
Idaho	1	-	-	-	320	340	2	-	1	-	-	-
Wyo	2	-	2	-	228	257	-	2	-	-	-	-
Colo	81	-	2	-	2,646	3,194	4	5	-	4	-	3
N Mex	6	-	1	-	1,046	1,200	4	-	-	-	-	-
Ariz	36	-	5	-	3,383	2,819	21	11	1	4	-	2
Utah	7	4	1	-	434	445	5	2	3	1	-	-
Nev	11	1	1	-	1,981	1,650	4	3	-	-	-	2
PACIFIC	1,241	2	60	4	46,170	50,903	38	37	13	2	1	75
Wash	34	-	5	-	3,654	3,634	25	17	10	1	-	7
Oreg	25	-	-	-	1,913	2,547	11	9	3	1	1	-
Calif	1,163	U	53	4	38,804	42,749	U	U	U	U	U	57
Alaska	9	1	2	-	1,228	1,213	-	6	-	-	-	-
Hawaii	10	1	-	-	571	760	2	5	-	-	-	11
Guam	-	U	-	-	47	78	U	U	U	U	U	1
R.I.	56	4	3	-	902	1,501	2	2	-	1	-	7
I.	1	-	-	-	87	193	-	2	-	-	-	-
Pac. Trust Terr	-	-	-	-	105	421	5	-	-	1	-	18
Amer Samoa	-	U	-	-	14	-	U	U	U	U	U	1

N Not notifiable

U Unavailable

TABLE III. (Cont'd.) Cases of specified notifiable diseases, United States, weeks ending  
May 24, 1986 and May 25, 1985 (21st Week)

Reporting Area	Malaria Cum 1986	Measles (Rubeola)					Menin- gococcal infections Cum. 1986	Mumps		Pertussis			Rubella		
		Indigenous		Imported *		Total		1986	Cum. 1986	1986	Cum. 1986	Cum 1985	1986	Cum. 1986	Cum 1985
		1986	Cum. 1986	1986	Cum. 1986	Cum. 1985									
UNITED STATES	284	164	2,617	5	116	1,262	1,262	186	1,563	76	998	605	18	220	202
NEW ENGLAND	16	-	16	-	-	100	97	-	35	5	51	30	2	4	6
Maine	-	-	-	-	-	-	18	-	-	-	2	2	-	-	-
N.H.	-	-	-	-	-	-	5	-	10	-	15	16	-	1	2
Vt.	1	-	-	-	-	-	14	-	-	-	2	2	-	-	-
Mass	10	-	15	-	-	96	19	-	1	5	16	4	-	-	4
R.I.	2	-	1	-	-	-	14	-	6	-	1	4	2	2	-
Conn.	3	-	-	-	-	4	27	-	18	-	15	2	-	1	-
MID ATLANTIC	34	73	1,019	-	11	96	196	7	86	4	97	66	-	26	47
Upstate N.Y.	8	-	7	-	10	48	64	2	33	4	66	33	-	18	8
N.Y. City	11	12	180	-	1	28	40	-	5	-	3	9	-	5	20
N.J.	3	54	821	-	-	7	27	1	20	-	6	2	-	3	7
Pa.	12	7	11	-	-	13	65	4	28	-	22	22	-	-	12
E.N. CENTRAL	10	34	364	-	4	367	165	144	841	2	157	85	-	10	19
Ohio	2	-	-	-	-	43	71	4	82	2	67	14	-	-	-
Ind.	-	-	-	-	-	1	17	2	18	-	16	11	-	-	-
Ill.	4	34	240	-	1	220	40	138	501	-	19	13	-	6	5
Mich.	4	U	-	U	-	50	36	U	127	U	20	8	U	3	13
Wis.	-	-	124	-	3	53	1	-	113	-	35	39	-	1	1
W.N. CENTRAL	7	1	123	1	14	6	66	7	64	2	52	49	1	9	10
Minn.	3	1	22	-	4	2	14	-	1	-	24	11	-	-	1
Iowa	1	-	-	-	1	-	7	1	12	-	9	3	-	-	-
Mo.	2	-	5	-	4	2	24	-	13	-	4	10	-	1	-
N. Dak.	-	-	6	-	1	1	1	-	2	-	2	6	-	-	2
S. Dak.	-	-	-	-	-	-	2	-	1	-	3	1	-	-	-
Nebr.	1	-	-	-	-	-	7	-	-	-	-	1	-	-	-
Kans.	-	-	90	1 <sup>§</sup>	4	1	12	6	35	2	10	17	1	8	7
S. ATLANTIC	40	7	330	1	29	151	259	2	102	51	398	150	-	7	24
Del.	-	-	1	-	-	-	1	-	-	3	210	-	-	-	-
Md.	7	-	18	1 <sup>§</sup>	7	20	33	-	6	38	62	62	-	-	1
D.C.	-	-	-	-	-	2	2	-	-	-	-	-	-	-	1
Va.	8	2	15	-	18	17	49	-	17	2	13	3	-	-	9
W. Va.	-	-	2	-	-	23	3	1	30	-	5	-	-	-	-
N.C.	4	-	1	-	1	1	43	-	9	-	18	8	-	-	-
S.C.	2	-	274	-	-	-	24	-	11	-	5	-	-	-	2
Ga.	4	5	7	-	1	8	39	-	10	7	70	47	-	-	-
Fla.	15	-	12	-	2	80	65	1	19	1	15	30	-	7	11
E.S. CENTRAL	6	2	3	-	-	-	72	1	17	-	18	6	-	1	1
Ky.	2	-	-	-	-	-	12	-	3	-	1	1	-	1	1
Tenn.	-	-	1	-	-	-	30	1	12	-	5	1	-	-	-
Ala.	2	-	-	-	-	-	22	-	1	-	12	2	-	-	-
Miss.	2	2	2	-	-	-	8	-	1	-	-	2	-	-	-
W.S. CENTRAL	21	19	351	3	28	81	105	8	109	2	30	73	11	48	18
Ark.	-	-	275	-	2	-	14	-	7	-	2	10	-	-	1
La.	4	-	-	-	-	9	15	-	-	-	4	2	-	-	-
Okla.	2	-	6	-	4	-	14	N	N	2	24	61	-	-	1
Tex.	15	19	70	3 <sup>†</sup>	22	72	62	8	102	-	-	-	11	48	16
MOUNTAIN	8	28	194	-	10	354	51	16	165	2	101	28	4	5	4
Mont.	-	1	1	-	-	136	7	1	5	1	6	3	-	-	-
Idaho	1	-	-	-	-	63	1	-	2	-	26	-	-	-	1
Wyo.	-	-	-	-	-	-	2	-	-	-	1	-	-	-	-
Colo.	1	-	2	-	4	5	9	1	7	1	24	10	-	-	-
N. Mex.	-	-	16	-	5	3	6	N	N	-	9	4	-	-	2
Ariz.	3	27	175	-	-	147	14	14	139	-	24	5	-	1	1
Utah	2	-	-	-	-	-	6	-	9	-	11	6	1	1	-
Nev.	1	-	-	-	-	-	6	-	3	-	-	-	3	3	-
PACIFIC	142	-	217	-	20	107	251	1	144	8	94	118	-	110	73
Wash.	11	-	47	-	7	1	34	-	5	5	38	18	-	3	2
Oreg.	12	-	-	-	2	3	20	N	N	3	8	17	-	-	1
Calif.	119	U	151	U	10	94	188	U	126	U	44	77	U	105	47
Alaska	-	-	-	-	-	-	8	-	4	-	1	3	-	-	1
Hawaii	-	-	19	-	1	9	1	1	9	-	3	3	-	2	22
Guam	1	U	3	U	-	10	-	U	2	U	-	-	U	2	1
P.R.	3	-	18	-	-	46	3	-	16	-	5	2	-	58	9
V.I.	-	-	-	-	-	10	-	2	9	-	-	-	-	-	-
Pac. Trust Terr.	-	-	-	-	-	-	1	1	3	-	-	-	-	-	-
Amer. Samoa	-	U	1	U	-	-	-	U	-	U	-	-	U	-	-

\*For measles only, imported cases includes both out-of-state and international importations.

N Not notifiable U Unavailable †International §Out-of-state

TABLE III. (Cont'd.) Cases of specified notifiable diseases, United States, weeks ending  
May 24, 1986 and May 25, 1985 (21st Week)

Reporting Area	Syphilis (Civilian) (Primary & Secondary)		Toxic- shock Syndrome	Tuberculosis		Tula- remia	Typhoid Fever	Typhus Fever (Tick-borne) (RMSF)	Rabies, Animal
	Cum. 1986	Cum. 1985	1986	Cum. 1986	Cum. 1985	Cum 1986	Cum 1986	Cum 1986	Cum 1986
UNITED STATES	10,065	10,002	4	8,060	8,045	24	98	89	2,169
NEW ENGLAND	203	225	1	266	272	-	4	1	2
Maine	13	7	-	25	19	-	-	-	-
N.H.	6	3	-	7	11	-	-	-	-
Vt.	6	-	1	9	4	-	-	-	-
Mass	99	116	-	124	166	-	3	1	-
RI	14	6	-	19	21	-	-	-	1
Conn	65	93	-	82	51	-	1	-	1
MID ATLANTIC	1,489	1,352	-	1,608	1,459	-	10	1	181
Upstate N.Y.	69	103	-	244	239	-	1	1	29
N.Y. City	804	850	-	787	743	-	5	-	1
N.J.	286	275	-	286	161	-	3	-	5
Pa	330	124	-	291	316	-	1	-	146
E.N. CENTRAL	410	486	1	1,019	978	-	7	14	44
Ohio	53	61	-	171	181	-	1	14	5
Ind	50	36	1	119	117	-	-	-	9
Ill	222	264	-	457	424	-	1	-	15
Mich	59	103	U	221	201	-	4	-	5
Wis	26	22	-	51	55	-	1	-	10
W.N. CENTRAL	104	107	-	239	207	7	5	3	330
Minn	18	26	-	55	39	-	1	-	35
Iowa	5	14	-	22	30	1	-	-	74
Mo	55	47	-	121	98	6	4	1	37
N Dak	2	-	-	4	2	-	-	-	84
S Dak	1	4	-	10	10	-	-	-	65
Nebr	8	6	-	4	9	-	-	-	5
Kans	15	10	-	23	19	-	-	2	30
S ATLANTIC	2,862	2,492	-	1,557	1,682	4	13	28	539
Del	16	16	-	16	16	-	-	-	-
Md	192	169	-	111	152	1	3	3	306
D.C.	140	147	-	53	75	-	1	-	-
Va	177	134	-	142	142	1	3	7	80
W Va	8	4	-	47	42	-	2	3	11
N.C.	199	276	-	219	208	1	2	5	3
S.C.	279	301	-	171	193	-	-	9	15
Ga	383	-	-	229	269	1	-	1	67
Fla	1,468	1,445	-	569	585	-	2	-	57
E.S. CENTRAL	669	835	-	714	710	3	-	13	124
Ky	29	32	-	179	141	2	-	1	36
Tenn	261	253	-	201	225	1	-	6	56
Ala	237	282	-	241	239	-	-	2	32
Miss	142	268	-	93	105	-	-	4	-
W.S. CENTRAL	2,099	2,530	-	979	878	7	5	27	339
Ark	101	126	-	115	87	4	-	1	75
La	355	425	-	171	138	1	-	-	7
Okla	64	69	-	95	111	2	1	21	28
Tex	1,579	1,910	-	598	542	-	4	5	229
MOUNTAIN	225	302	-	176	201	2	5	2	353
Mont	2	1	-	7	24	-	1	1	129
Idaho	4	3	-	5	11	-	-	-	-
Wyo	-	5	-	-	4	-	-	1	164
Colo	73	73	-	10	27	-	1	-	-
N Mex	26	36	-	40	38	1	-	-	3
Ariz	96	167	-	82	85	-	1	-	57
Utah	4	3	-	17	6	1	2	-	-
Nev	20	14	-	15	6	-	-	-	-
PACIFIC	2,004	1,673	2	1,502	1,658	1	49	-	257
Wash	48	57	2	87	96	-	2	-	-
Oreg	43	36	-	54	55	-	-	-	-
Calif	1,894	1,548	U	1,235	1,378	-	44	-	249
Alaska	-	1	-	24	56	1	1	-	8
Hawaii	19	31	-	102	73	-	2	-	-
Guam	1	2	U	30	16	-	-	-	-
P.R.	333	340	-	119	128	-	2	-	19
V.I.	-	1	-	1	1	-	-	-	-
Pac. Trust Terr.	112	40	-	13	29	-	27	-	-
Amer Samoa	-	-	U	3	-	-	-	-	-

U Unavailable

TABLE IV. Deaths in 121 U.S. cities,\* week ending  
May 24, 1986 (21st Week)

Reporting Area	All Causes, By Age (Years)						P&I** Total	Reporting Area	All Causes, By Age (Years)						P&I** Total
	All Ages	≥65	45-64	25-44	1-24	<1			All Ages	≥65	45-64	25-44	1-24	<1	
NEW ENGLAND	654	448	128	45	14	19	55	S. ATLANTIC	1,212	746	291	99	29	44	45
Boston, Mass.	163	104	39	8	5	7	22	Atlanta, Ga.	177	114	38	15	2	8	5
Bridgeport, Conn.	42	24	12	3	2	1	4	Baltimore, Md.	232	125	60	24	11	12	12
Cambridge, Mass.	33	24	5	1	2	1	4	Charlotte, N.C.	87	54	24	6	-	3	3
Fall River, Mass.	34	31	3	-	-	-	3	Jacksonville, Fla.	94	52	26	6	4	6	2
Hartford, Conn.	51	29	13	6	2	1	1	Miami, Fla. †	100	64	28	5	-	3	5
Lowell, Mass.	24	18	4	2	-	-	1	Norfolk, Va.	66	45	16	3	-	2	5
Lynn, Mass.	18	13	5	-	-	-	-	Richmond, Va.	80	48	19	8	3	2	10
New Bedford, Mass. ‡	23	22	1	-	-	-	1	Savannah, Ga.	23	13	6	1	-	3	-
New Haven, Conn.	58	40	11	4	1	2	1	St. Petersburg, Fla.	87	78	6	3	-	-	3
Providence, R.I.	69	41	15	10	-	3	10	Tampa, Fla.	79	45	21	4	3	3	3
Somerville, Mass.	10	8	1	1	-	-	3	Washington, D.C.	163	89	44	23	5	2	2
Springfield, Mass.	49	34	10	3	1	1	3	Wilmington, Del.	24	19	3	1	1	-	-
Waterbury, Conn.	30	25	4	1	-	-	3	E.S. CENTRAL	907	557	219	59	36	36	45
Worcester, Mass.	50	35	5	6	1	3	3	Birmingham, Ala.	137	87	35	13	2	-	4
MID ATLANTIC	2,751	1,796	574	234	65	82	125	Chattanooga, Tenn.	58	38	11	5	3	1	2
Albany, N.Y.	52	34	11	3	2	2	2	Knoxville, Tenn.	91	61	23	4	2	1	7
Allentown, Pa.	17	16	1	-	-	-	-	Louisville, Ky.	136	79	47	3	6	1	7
Buffalo, N.Y.	129	86	31	9	2	1	6	Memphis, Tenn.	209	114	42	17	8	28	6
Camden, N.J.	35	22	8	4	1	-	-	Mobile, Ala.	103	70	16	5	11	1	7
Elizabeth, N.J.	19	16	2	1	-	-	-	Montgomery, Ala.	66	43	12	6	1	4	7
Erie, Pa. †	45	37	7	1	-	-	3	Nashville, Tenn.	107	65	33	6	3	-	5
Jersey City, N.J.	45	27	10	6	1	1	1	W.S. CENTRAL	1,289	737	333	127	47	45	45
N.Y. City, N.Y.	1,400	882	302	147	37	32	58	Austin, Tex.	51	32	10	7	1	1	2
Newark, N.J.	84	42	18	10	8	6	7	Baton Rouge, La.	46	21	16	5	3	1	1
Paterson, N.J.	35	21	6	4	1	3	3	Corpus Christi, Tex.	39	22	9	5	2	1	2
Philadelphia, Pa.	420	261	102	24	9	24	24	Dallas, Tex.	202	116	49	21	7	9	3
Pittsburgh, Pa. †	65	44	19	1	-	1	2	El Paso, Tex.	52	29	13	6	2	2	2
Reading, Pa.	30	25	5	-	-	-	2	Fort Worth, Tex.	94	60	14	9	7	4	5
Rochester, N.Y.	139	105	19	10	1	4	9	Houston, Tex.	283	134	97	33	11	8	6
Schenectady, N.Y.	28	26	2	-	-	-	2	Little Rock, Ark.	65	43	12	7	1	2	7
Scranton, Pa. †	27	22	4	-	-	1	-	New Orleans, La.	137	80	37	14	5	1	1
Syracuse, N.Y.	96	72	14	5	2	3	3	San Antonio, Tex.	183	112	44	10	7	10	13
Trenton, N.J.	33	16	5	8	1	3	-	Shreveport, La.	50	36	10	4	-	-	10
Utica, N.Y.	20	16	4	-	-	-	1	Tulsa, Okla.	87	52	22	6	1	6	4
Yonkers, N.Y.	32	26	4	1	-	1	2	MOUNTAIN	627	384	141	57	25	20	34
E.N. CENTRAL	2,330	1,467	551	173	59	80	102	Albuquerque, N.Mex.	84	46	26	2	7	3	6
Akron, Ohio	71	41	18	5	3	4	1	Colorado Springs, Colo.	52	30	9	8	3	2	8
Canton, Ohio	37	31	6	-	-	-	3	Denver, Colo.	88	57	17	9	2	3	3
Chicago, Ill. ‡	564	361	125	46	10	22	16	Las Vegas, Nev.	107	67	27	11	1	1	7
Cincinnati, Ohio	171	103	49	11	6	2	19	Ogden, Utah	23	14	4	4	-	1	3
Cleveland, Ohio	172	99	44	17	3	9	9	Phoenix, Ariz.	122	67	29	12	9	5	2
Columbus, Ohio	130	81	35	8	5	1	2	Pueblo, Colo.	25	14	9	1	-	1	1
Dayton, Ohio	120	71	23	14	9	3	4	Salt Lake City, Utah	46	31	8	3	1	3	-
Detroit, Mich.	255	145	64	30	10	6	8	Tucson, Ariz.	80	58	12	7	2	1	4
Evansville, Ind.	42	36	5	1	-	-	-	PACIFIC	1,973	1,300	378	182	59	50	109
Fort Wayne, Ind.	51	37	10	4	-	-	5	Berkeley, Calif.	24	14	5	1	2	2	-
Gary, Ind.	17	10	2	3	1	1	1	Fresno, Calif.	110	73	21	8	4	4	5
Grand Rapids, Mich.	61	43	13	1	2	2	9	Glendale, Calif. ‡	27	24	3	-	-	2	2
Indianapolis, Ind.	192	104	62	13	4	9	6	Honolulu, Hawaii	74	53	11	6	2	2	7
Madison, Wis.	39	29	2	3	-	5	2	Long Beach, Calif.	103	69	27	4	2	1	15
Milwaukee, Wis.	138	95	32	4	1	6	6	Los Angeles, Calif. ‡	552	345	111	64	22	6	18
Peoria, Ill.	44	31	8	1	1	3	2	Oakland, Calif.	89	61	11	13	2	2	1
Rockford, Ill.	34	22	10	-	-	2	2	Pasadena, Calif.	31	20	7	2	-	2	4
South Bend, Ind.	51	35	12	3	-	1	1	Portland, Ore.	140	97	23	11	7	2	9
Toledo, Ohio	90	57	19	6	4	4	6	Sacramento, Calif.	130	87	22	8	5	8	9
Youngstown, Ohio	51	36	12	3	-	-	-	San Diego, Calif.	169	107	32	16	6	8	16
W.N. CENTRAL	695	474	135	43	17	26	30	San Francisco, Calif.	149	93	32	21	1	2	4
Des Moines, Iowa	75	52	18	4	-	1	2	San Jose, Calif.	136	89	27	13	4	3	11
Duluth, Minn.	32	24	6	1	-	1	1	Seattle, Wash.	147	102	29	12	1	3	2
Kansas City, Kans.	34	24	6	2	1	1	2	Spokane, Wash.	54	37	11	2	1	3	4
Kansas City, Mo.	100	67	24	4	3	2	5	Tacoma, Wash.	38	29	6	1	-	2	2
Lincoln, Neb.	25	18	7	-	-	-	4	TOTAL	12,438	7,909	2,750	1,019	351	402	590
Minneapolis, Minn.	83	56	14	10	2	1	6								
Omaha, Neb.	78	62	8	1	2	5	3								
St. Louis, Mo.	146	94	26	14	5	7	2								
St. Paul, Minn.	58	42	7	3	2	4	-								
Wichita, Kans.	64	35	19	4	2	4	5								

\* Mortality data in this table are voluntarily reported from 121 cities in the United States, most of which have populations of 100,000 or more. A death is reported by the place of its occurrence and by the week that the death certificate was filed. Fetal deaths are not included.

\*\* Pneumonia and influenza.

† Because of changes in reporting methods in these 3 Pennsylvania cities, these numbers are partial counts for the current week. Complete counts will be available in 4 to 6 weeks.

‡ Total includes unknown ages.

§ Data not available. Figures are estimates based on average of past 4 weeks.

*Arboviral Infections — Continued*

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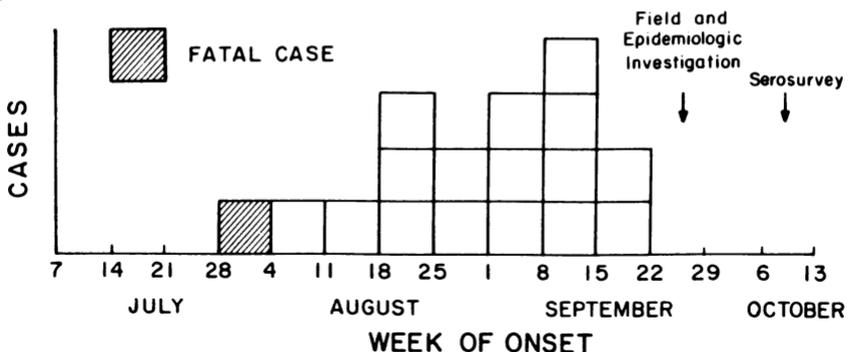
**Editorial Note:** Arboviral infections remain important in the differential diagnosis of CNS infections occurring in the summer and early fall. SLE, the most important cause of epidemic viral encephalitis in the United States, led to 1,815 reported cases in a nationwide outbreak in 1975 (Table 1) (1). More recently, regional outbreaks occurred in Florida (1977) (2), Houston, Texas (1980) (3), and southern California (1984) (4,5).

During the last decade, western equine encephalitis has been sporadic in midwestern and western states. However, extensive outbreaks occurred in the past, leading to over 3,400 cases in 1941 (6). As recently as 1975, 133 cases were reported in an outbreak in the North Red River Valley (7,8). Eastern equine encephalitis is a disease of low frequency (Table 1), occurring principally in Atlantic and Gulf Coast states; however, it is associated with significant morbidity and mortality (50%). In the United States, nearly all reported cases of CNS infections from California serogroup viruses are caused by LaCrosse virus. LaCrosse encephalitis is endemic in the upper midwest, affecting principally children. In these states, the incidence of LaCrosse encephalitis is similar to that of Reye syndrome, another important CNS disorder of children (9).

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**FIGURE 3. St. Louis encephalitis cases, by week of onset — Mesa County, Colorado, 1985**



### *Arboviral Infections — Continued*

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### **Chronic Fatigue Possibly Related to Epstein-Barr Virus — Nevada**

From November 1984 through August 1985, approximately 90 patients evaluated for persistent fatigue were diagnosed as having chronic Epstein-Barr virus (CEBV) disease by a two-physician community internal medicine practice near Lake Tahoe, Nevada. The diagnoses were made by detecting antibody to the diffuse (EA-D) or the restricted (EA-R) components of early antigen of EBV, as suggested by two recent studies (1,2).

Because of controversy about whether CEBV disease exists, two serologic studies were conducted to evaluate whether a syndrome of chronic fatigue could be statistically associated with a specific pattern of antibody titers against EBV. Fifteen "case" patients, felt to be the most likely to have CEBV, were identified by interviewing 134 of the 139 patients tested for EBV serology in the internal medicine practice between January 1, and August 20, 1985. By definition, these patients had persistent or relapsing unexplained fatigue for at least 2 months, which forced them to stop usual daily activities for at least 2 weeks. Other less universal symptoms included intermittent low-grade fever, sore throat, myalgias, arthralgias, and headaches. All 15 patients were white; 13 were female. The median age was 40 years (range 13-52 years).

In the first serologic study, the 15 patients were compared with 118 of the 119 patients who had serologic testing for EBV (the serologic test results on one patient were not available). All 118 of these patients were white; 79 (66.9%) were female. The median age was 36 years (range 10-71 years). The case patients were more likely to have reciprocal EA-D titers of 160 or higher (45.5%, compared with 11.6%;  $p = 0.014$ ) and EBV viral capsid antigen IgG (VCA-IgG) 160 or greater (80.0%, compared with 51.7%;  $p = 0.033$ ) in the first serum tested. No evidence of acute EBV infection, manifested by positive IgM titers to VCA, was detected in either the cases or the others tested.

Detailed information on physical findings was obtained for all 15 case patients and from 11 of 18 other patients whose duration and severity of illness met the clinical case criteria but who, on review of their medical records, had other possible etiologies. Palpable splenomegaly was noted at some time during the illnesses of 13 of the 15 case patients and two of the 11 other patients ( $p = 0.0002$ ).

In the second serologic study, blood specimens for EBV serologic testing were collected in October 1985 from the 15 case patients and from 30 age-, sex-, and race-matched controls. The controls consisted of patients and office workers who had no complaints of fatigue and had not previously undergone EBV serologic testing. The sera were tested simultaneously by the commercial reference laboratory used by the two physicians, by the EBV laboratory at CDC, and by a laboratory at Georgetown University in Washington, D.C. Case patients tended to have higher titers of VCA-IgG and of anti-EA than controls, but the specific test results and the tests in which the differences were significant varied considerably among the laboratories.

IgG antibody titers to herpes simplex virus (HSV) types 1 and 2 and cytomegalovirus (CMV) were also measured. Case patients had significantly higher CMV titers than controls, both by

*Epstein-Barr Virus – Continued*

indirect hemagglutination (reciprocal geometric mean titer [GMT] 292, compared with 31,  $p = 0.046$ ) and by enzyme immunoassay (GMT 276, compared with 74;  $p = 0.04$ ). Case patients also tended to have higher titers to HSV-1 (GMT 154, compared with 82) and to HSV-2 (GMT 140, compared with 34).

To help evaluate the reproducibility of the EBV serologic test results within a single laboratory, 19 sera, obtained earlier from 12 of the case patients and subsequently frozen, were retested in the same laboratory. Fourfold or greater variations between the initial and repeated titers were detected in 17.6% of the samples tested for anti-EA-D, 26.3% tested for VCA-IgG and 33.3% tested for anti-EA-R. All sera with fourfold or greater changes in anti-EA-D or VCA-IgG had a decrease in titer with the repeat testing, and all those with changes in anti-EA-R had increased titers.

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**Editorial Note:** In January 1985, two publications reported the association of a chronic, mononucleosis-like illness with evidence of persistent active Epstein-Barr virus activity among young, previously healthy adults (1,2). These patients had no other discernible cause for their illnesses, and many demonstrated an apparently unusual pattern of anti-EBV antibodies when compared with controls. However, several questions have been raised about these studies, including whether CEBV actually exists (3-5).

In the Nevada investigation, the 15 case patients were more likely to have abnormal EBV serologic markers than other patients, and, in addition to increased fatigue, were more likely to have palpable splenomegaly. These findings suggest that, as a group, these patients have an abnormality, or abnormalities, associated in some way with high antibody titers to EBV and CMV.

The study highlights several problems associated with the diagnosis of CEBV. First, the clinical syndrome is comprised of a wide range of nonspecific symptoms, and is inadequate for diagnosing CEBV without a confirmatory laboratory test.

Second, "elevated" anti-EBV serologic titers do not prove that a chronic illness in an individual is due to EBV. There is a great deal of overlap in the antibody titers of case patients and the general population, indicating that "normal" titers can vary substantially. In a recently published study, several asymptomatic persons followed for up to 8 years after recovery from acute infectious mononucleosis maintained anti-EA titers well into the range considered to indicate CEBV (6).

Third, the reproducibility of the serologic tests for EBV is poor, both within and between laboratories. The currently available indirect immunofluorescence technique for EBV serologic tests necessitates a subjective measurement of the fluorescence produced and is subject to variability between cell lots and between individual technicians. Comparability of titers can only be confirmed by testing specimens in parallel.

Currently available data neither prove nor disprove the hypothesis that EBV activity is responsible for chronic illness, but it is clear that the diagnosis of CEBV using current clinical and laboratory criteria in an individual patient is unreliable. Further examinations of immune function in these patients, as well as studies for other possible etiologies, are needed to define this syndrome and provide a framework for epidemiologic and therapeutic studies.

In the meantime, CEBV should be a diagnosis of exclusion. Physicians evaluating patients thought to have CEBV should continue to search for the more definable, and possibly treatable, conditions that may be responsible for their symptoms, such as endocrine and autoimmune diseases; malignancies; chronic heart, liver, kidney, and pulmonary disease; anxiety and depression; and chronic infectious diseases, such as CMV and tuberculosis.

The patients reported here are only a portion of the cases reported to CDC with chronic,

*Epstein-Barr Virus — Continued*

often severe, debilitating disease diagnosed as CEBV. Further etiologic studies are indicated, including known viruses such as EBV, CMV, and adenoviruses, in addition to viruses which have not yet been identified. Once the syndrome is better defined, epidemiologic and therapeutic studies can be initiated.

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**FIGURE I. Reported measles cases — United States, weeks 17-20, 1986**

